## ABS Apple AHA's





immediately perceivable smoothness exfoliates and softens the skin

the AHA product that provides real anti-aging results using malic acid for healthier, younger-looking skin!

### BACKGROUND

Scarlet O'Hara, Rambo, Malinda, Red Baron, Jonathan and Golden Earl. At first glance, this looks like a list of famous and not-so-famous names. Actually, believe it or not, these are the names of some cultivated apple varieties. Most are familiar with common supermarket cultivars such as Red Delicious, Granny Smith, Fiji, and McIntosh. Over the years, more and more people are choosing to adopt healthier lifestyles by including apples as part of their diets, thus supporting the old adage "an apple a day keeps the doctor away1." The numerous apple varieties are as seemingly endless as their uses. The growing popularity of apples has lead to its usage outside of the food industry. Apples are now utilized in cancer prevention research and in cosmetic and personal care applications. The significance of apples in personal care products has been attributed to the presence of an alphahydroxy acid (AHA), malic acid, which promotes the appearance of healthierlooking and smoother-feeling skin.

#### **SCIENCE**

Malic acid, an acid present in apples and pears, was first isolated from apple juice in 1785. Malic acid contributes to the sourness of green apples and is often used as a food additive to impart a sour taste. Glycolic acid, the smallest AHA molecule, is isolated from sugar cane and sugar beets and is most often used in chemical peels. Lactic acid, a hygroscopic AHA, also known as milk acid is primarily found in sour milk products. Citric acid, a natural preservative, is found in a variety of fruits, most notably citrus, with lemons and limes having the highest concentrations.

AHA's are being used more frequently in cosmetic formulations in order to exfoliate the skin and reduce signs of sun damage and aging<sup>2</sup>. The idea of using AHA technology was inspired by chemical peel treatments used by dermatologists to treat various skin conditions. AHA usage has become increasingly popular as a result of their immediate perceived effects as well as their ease of use in aqueous systems while also improving the skin's texture and minimizing the appearance of pores, fine lines and wrinkles to create an overall healthy, revitalized aesthetic.

Code Number: 10286

**INCI Name:** Water & Propylene Glycol & Malic Acid & Pyrus Malus (Apple) Fruit Extract & Glycolic Acid & Lactic

Acid & Citric Acid **INCI Status: Approved REACH Status:** Compliant

CAS Number: 7732-18-5 & 57-55-6 & 97-67-6 & 85251-63-4 & 79-14-1 &

50-21-5& 77-92-9

**EINECS Number**: 231-791-2 & 200-338-0 & 202-601-2 & 286-475-7 & 201-180-5 & 200-018-0 & 201-069-1

**Origin**: Botanical & Synthetic

**Processing:** GMO Free No Ethoxylation No Irradiation No Sulphonation

**Additives:** 

Preservatives: None Antioxidants: None Other additives: None Solvents Used: Water & Propylene Glycol

**Appearance**: Orange Liquid Soluble/ Miscible: Water Soluble

**Ecological Information**: 89.9% Biodegradability

**Microbial Count:** 

< 100opg, No Pathogens

Suggested Use Levels: 1.0 - 10.0% **Suggested Applications:** 

Exfoliating, Softening, Anti-Aging

## Benefits of ABS Apple AHA's:

- Alpha Hydroxy Acid Product
- · Perceivable Results
- Smoother, Healthier Looking Skin
- · Anti-aging
- Improves Cellular Renewal/ Exfoliates

Version#3/03-18-22/ Form7 page 1/2

# ABS Apple AHA's



### **BENEFITS**

The mechanism of action of AHA's is to bind to cell adhesion molecules and reduce the calcium ion concentration thus disrupting cellular adhesion. This results in the desquamation (shedding) of the outermost layer of skin. The reduction of calcium ion levels also promotes cell growth and retardation of cellular differentiation therefore giving rise to younger-looking skin. **ABS Apple AHA's** are primarily recommended for exfoliation and cellular renewal applications. **ABS Apple AHA's** contain apple extracts, when blended with malic, glycolic, lactic, and citric acids provide a potent combination for the proper exfoliation of dead skin cells, to create a noticeable improvement in the skin's texture and appearance.

## **EFFICACY**

**ABS Apple AHA's** was evaluated for its ability to accelerate cell renewal by means of a traditional skin pigmentation assay protocol. The results indicate that **ABS Apple AHA's** is capable of increasing cellular renewal when compared to the untreated skin dye control site. Cellular renewal is beneficial for visibly improving skin tone and texture as well as aiding in the skin's function as a protective barrier from harmful chemical and environmental exposure that can lead to premature aging

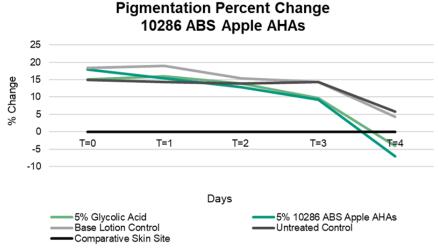


Figure 1. Percent change in pigmentation.

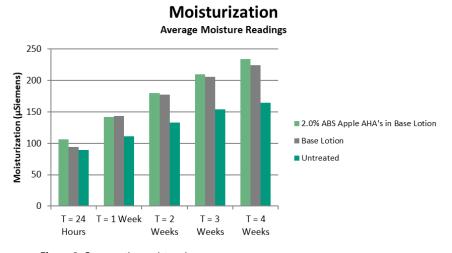


Figure 2. Comparative moisture increase



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