

# **IL-6 ELISA Analysis**

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**Tradename:** Revital-Eyes

**Code:** 16671

**CAS #:** 7732-18-5 & 68333-16-4 & 84650-60-2 & 84961-57-9 & 1686112-36-6 (or)

68333-16-4 & 58-08-2

Test Request Form #: 5635

Lot #: NC170918-I

Sponsor: Active Concepts, LLC; 107 Technology Drive Lincolnton, NC 28092

Study Director: Maureen Danaher

Principle Investigator: Jennifer Goodman

### **Test Performed:**

Interleukin (IL)-6 Enzyme-Linked Immunosorbent Assay (ELISA)

### Introduction

Interleukin-6 is a proinflammatory cytokine known to play an active role in inflammation, immunology, bone metabolism, reproduction, arthritis, neoplasia, and aging. IL-6 signals through the nuclear factor-kappa B (NF- $\kappa$ B) pathway that results in the transcription of inflammatory mediators, including matrix metalloproteinase-1 (MMP-1). MMP's are responsible for breaking down the extracellular matrix and collagen in the skin leading to wrinkles, fine lines, and loss of skin elasticity. Reducing the level of IL-6 and other inflammatory mediators is believed to slow down degradation of the skin matrix and, possibly, stimulate its replenishment.

Interleukin-6 ELISA was conducted to assess the changes in IL-6 levels in **Revital-Eyes** -treated *in vitro* cultured human dermal fibroblasts.

### **Assay Principle**

This ELISA utilizes a colorimetric reaction employing antibodies with antigen specificity to human IL-6. Monoclonal antibodies specific for IL-6 epitopes are coated on a microtiter plate. In positive samples, IL-6 will bind to these antibodies and are tagged a second time with another IL-6-specific antibody labeled with horseradish peroxidase (HRP). The addition of the chromagen solution, containing 3,3',5,5'-tetramethylbenzidine, provides the colorimetric reaction with HRP that is quantitated through optical density (OD) readings on a microplate spectrometer. The standard curve provides a reference from the OD readings for the amount of IL-6 in each sample.

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## **Materials**

A. Kit: Human IL-6 ELISA Kit (Thermo Scientific; EH2IL6)
B. Incubation Conditions: 37°C at 5% CO<sub>2</sub> and 95% relative humidity (RH)

C. Equipment: Forma humidified incubator; ESCO biosafety laminar flow

hood; Microplate Reader; Pipettes

D. Cell Line: Normal Human Dermal Fibroblasts (HDFa) (ATCC; PCS-201-

121)

E. Media/Buffers: Dulbecco's Modified Eagle Medium (DMEM); Penicillin-

Streptomycin (50U-50mg/mL); Fetal Bovine Serum (FBS); Phosphate Buffered Saline (PBS); Amphotericin (45pg/mL)

**F.** Culture Plate: Falcon flat bottom 12-well tissue culture treated plates

G. Reagents: Lipopolysaccharide (LPS) (1μg/mL); Dexamethasone (10μM)

**H. Other:** Sterile disposable pipette tips; wash bottles

#### Methods

Human dermal fibroblasts were seeded into 12-well tissue culture plates and allowed to grow to confluency in complete DMEM. 1%, 0.1%, 0.01% concentrations of **Revital-Eyes** were added to complete DMEM containing 1µg/mL LPS and incubated with fibroblasts for 72 hours. Complete media containing 1µg/mL LPS was used to create an inflammatory environment and dexamethasone (DEX) in the presence of LPS was used as a positive control to quell inflammation.

Standards were prepared in concentrations ranging from 2476pg/mL to 0pg/mL.  $50\mu$ L of Solution B was added to wells for standards and assay controls and  $50\mu$ L of Solution A was added to experiment wells.  $100\mu$ L of standards, controls, and samples were added to appropriate wells. After a one hour incubation at room temperature and washing,  $50\mu$ L Solution A and  $100\mu$ L anti-IL-6 conjugate was added to all wells. Following a one hour incubation and washing,  $100~\mu$ L chromagen solution was added for the colorimetric reaction. One-hundred  $\mu$ L stop solution was added to stop the reaction after 15 minutes. The optical density was read at 450nm on the Synergy HT Microplate Reader.

A standard curve was created by reducing the data and generating a linear curve fit. The IL-6 concentration of **Revital-Eyes** treated-fibroblasts was determined by extrapolation from the standard curve and expressed in pg/mL.



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#### Results

The data obtained from this study met criteria for a valid assay and the positive and negative controls performed as anticipated.

**Revital-Eyes** at a concentration of 1.0% was able to decrease IL-6 production.

IL-6 production percent decrease is calculated by the following formula:

$$Percent~(\%)~Change = \frac{\textit{IL~6 Concentration}_{Sample} - \textit{IL~6 Concentration}_{1\mu\text{M}/mL~LPS}}{\textit{IL~6 ELISA}} \times 100$$

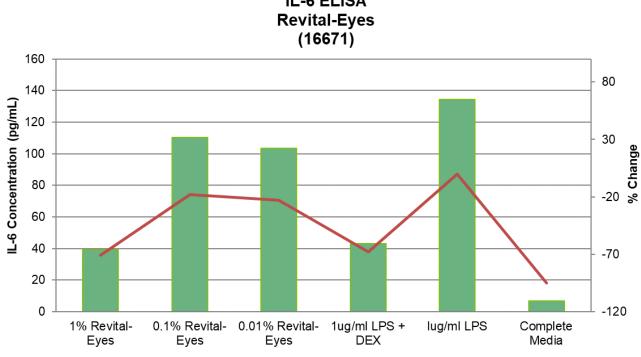


Figure 1: Revital-Eyes -treated fibroblasts IL-6 concentrations and percent change

## **Discussion**

As shown in figure 1, **Revital-Eyes (16671)** exhibited anti-inflammatory effects on LPS-treated fibroblasts. This decrease in IL-6 production indicates a reduced inflammatory environment which could decrease the signs of aging and reduce the formation of fine lines and wrinkles. It can therefore be concluded that at normal use concentrations **Revital-Eyes** enhances soothing and anti-aging properties.

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