

Tradename: ACB Botanical Sugar Complex

Code: 20039

CAS #: 9005-25-8 & 68333-16-4

Test Request Form #: 14126

Lot #: NC150323-B, NC150407-F

Sponsor: *Active Concepts, LLC; 107 Technology Drive Lincolnton, NC 28092*

Study Director: *Erica Segura*

Principal Investigators: *Maureen Danaher*

Test Performed:

Salon Half-Head Study

Introduction

Hair appearance is reflective of an individual's self-esteem, mental-image, and well-being. The condition of an individual's hair significantly impacts how one views themselves as it relates to their physical appearance. Additionally, hair is often the initial feature that others observe about one's appearance. The vibrance and condition of hair is indicative of how another individual may perceive personality and self-confidence. In addition to promoting hair hygiene and health, a proper hair care routine that incorporates appropriate products may reduce the possibility of premature hair loss. Therefore, maintaining a healthy hair appearance can improve an individual's relationship with themselves and others as well as enhance their well-being.

Accordingly, a Salon Half-Head Study was conducted to evaluate the perceived hair benefits of **ACB Botanical Sugar Complex** in a shampoo and conditioner on wet and dry hair.

Study Principle

Initial photographs of participants hair were obtained. Following baseline images, participants had half of their hair washed with a control Base Shampoo and Base Conditioner, while the other half of their hair was washed with the test material in a Base Shampoo and Base Conditioner. Participants completed wet and dry sensory analysis assessments and final photographs were obtained after participant's hair was completely dry.

Materials

- A. **Materials:** T3 Blow-Dryer; 1.5" Round Brush
- B. **Products:** Base Shampoo and Base Conditioner (Table 1)
- C. **Software:** Excel Analysis ToolPak (Microsoft)

Table 1. Ingredient List (INCI Names) of Base Shampoo and Base Conditioner

| Base Shampoo | Base Conditioner |
|---------------------------------------|--------------------------------|
| Water | Water |
| Guar Hydroxypropyltrimonium Chloride | Polyquaternium-10 |
| Sodium Methyl 2-Sulfolaurate | Glycerin |
| Cocamidopropyl Betaine | Cetrimonium Chloride |
| Lactobacillus Ferment | Behentrimonium Methosulfate |
| Lactobacillus | Cetearyl Alcohol |
| Coco Nucifera (Coconut) Fruit Extract | Butylene Glycol |
| | Hydrogenated Ethylhexyl Olivat |
| | Lactobacillus Ferment |

Methods

Five volunteers between the ages of 20 and 45 participated in this study. Each participant had both halves of their head assigned to a specific condition and were blinded to the treatment (Table 2). The left half of their head was treated with the Base Shampoo and Base Conditioner alone. Conversely, the right half of their head was treated with 2.0% **ACB Botanical Sugar Complex** in the Base Shampoo and Base Conditioner. Baseline photographs were taken of participants' hair prior to washing. After the shampoo treatment was applied and washed out, participants completed a wet sensory analysis regarding the shampoo. Next, the conditioner treatment was applied, washed out, and a wet sensory analysis pertaining to the conditioner was completed. After each participant's hair was blown dry with a round brush, final photographs were taken, and participants were asked to complete a dry sensory analysis of the conditioner treatment.

Table 2. Descriptions of the Conditions and Treatments for each Test Site

| Hair Test Site | Condition | Treatment / Test Article Application Description |
|----------------|---|--|
| 1 | Base Shampoo and Base Conditioner | Base Shampoo and Base Conditioner |
| 2 | 2.0% ACB Botanical Sugar Complex | 2.0% ACB Botanical Sugar Complex in Base Shampoo and Base Conditioner |

The wet and dry sensory analyses were implemented to evaluate multiple perceived hair benefit parameters of each shampoo and conditioner treatment. Analyses were completed using a scale from 1 to 10, with 1 indicating the lowest perceived benefit and 10 representing the highest perceived benefit. Results from the wet and dry sensory analysis assessments were averaged for each parameter. Data is displayed as averages and was analyzed using paired t-tests with statistical significance accepted at $p \leq 0.05$. The percent change in each parameter was calculated relative to the Base Shampoo and Base Conditioner, using the following equation:

$$\text{Percent Change (\%)} = \frac{\text{Rating}_{2.0\% \text{ ACB Botanical Sugar Complex}} - \text{Rating}_{\text{Base Shampoo and Base Conditioner}}}{\text{Rating}_{\text{Base Shampoo and Base Conditioner}}} \times 100$$

Table 3. Wet and Dry Sensory Analysis Parameter Descriptions

| | Parameter | Description |
|----------------|-----------------|--|
| Wet Assessment | Wet Combability | Ability to brush hair easily without pulling while the hair is wet |
| | Cleansing | Ability to leave hair feeling clean and remove product build-up |
| | Smoothing | Ability to make hair fall in the same direction with no visible knots |
| Dry Assessment | Dry Combability | Ability to brush hair easily without pulling while the hair is dry |
| | Anti-Frizz | Ability to make hair fall uniformly while also decrease the amount of flyaways |
| | Overall Feel | Satisfaction of hair feel |
| | Shine | Ability to make hair look bright and luminous |
| | Hydration | Ability to make hair look clean and feel soft |

Results

The data obtained met criteria for a valid study as the Base Shampoo and Base Conditioner performed as anticipated. The addition of 2.0% **ACB Botanical Sugar Complex** in shampoo and conditioner improved the perceived benefits in wet and dry hair compared to the Base Shampoo and Conditioner.

Shampoo: Wet Sensory Analysis ACB Botanical Sugar Complex

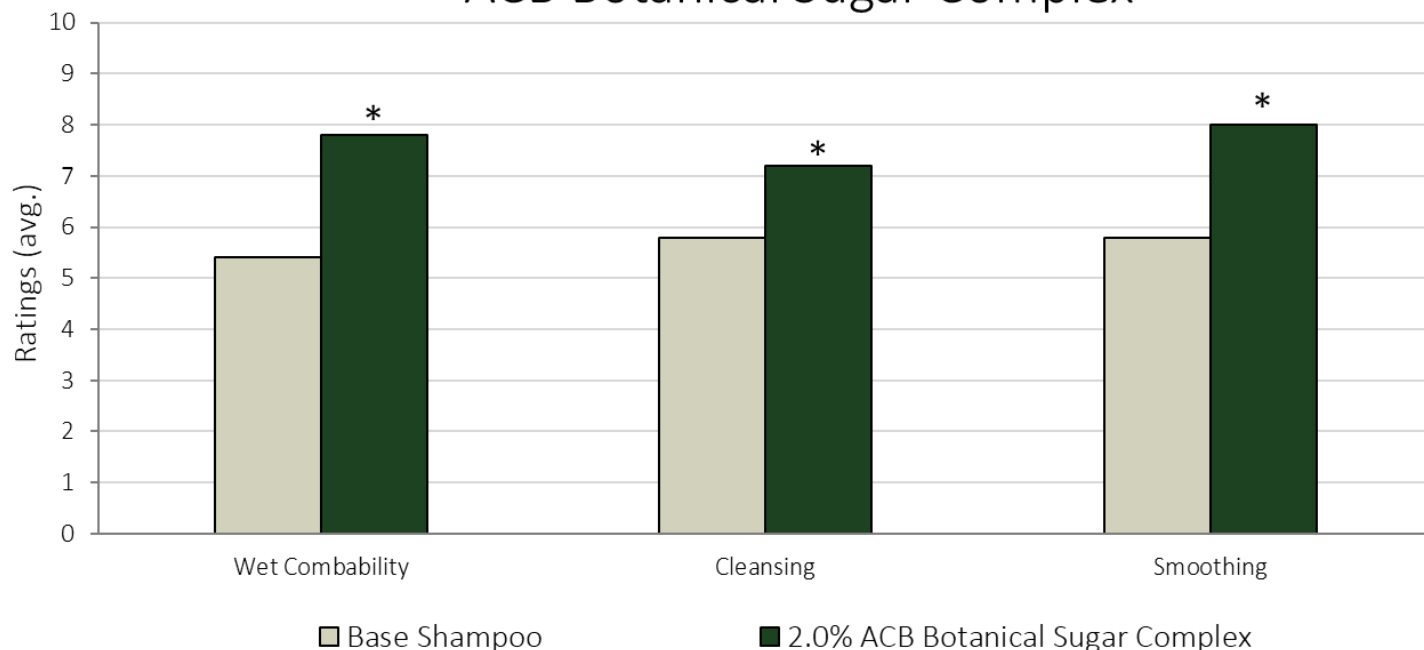


Figure 1. Results of the Wet Sensory Analysis After Shampoo Treatments. Analyses were completed using a scale from 1 to 10, with 1 indicating the lowest perceived benefit and 10 representing the highest perceived benefit. * indicates significance ($p \leq 0.05$) between conditions.

Table 4. Results from the T-test Analysis of the Wet Sensory Analysis Parameters between Base Shampoo and 2.0% ACB Botanical Sugar Complex. * indicates significance ($p \leq 0.05$) between conditions.

| | Wet Combability | Cleansing | Smoothing |
|---------|-----------------|-----------|-----------|
| P-value | 0.021* | 0.044* | 0.032* |

Conditioner: Wet Sensory Analysis ACB Botanical Sugar Complex

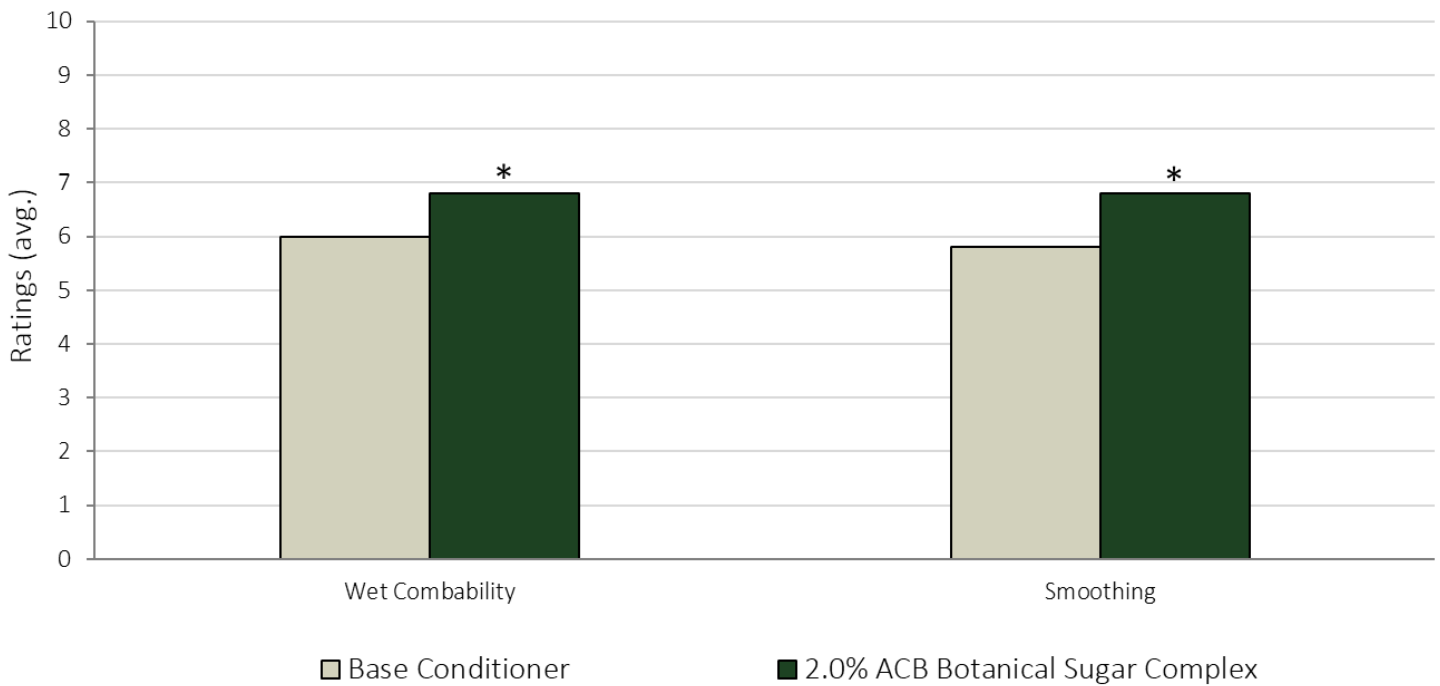


Figure 2. Results of the Wet Sensory Analysis After Conditioner Treatments. Analyses were completed using a scale from 1 to 10, with 1 indicating the lowest perceived benefit and 10 representing the highest perceived benefit. * indicates significance ($p \leq 0.05$) between conditions.

Table 5. Results from the T-test Analysis of the Wet Sensory Analysis Parameters between the Base Conditioner and 2.0% ACB Botanical Sugar Complex. indicates significance ($p \leq 0.05$) between conditions.

| | Wet Combability | Smoothing |
|---------|-----------------|-----------|
| P-value | 0.022* | 0.026* |

Conditioner: Dry Sensory Analysis ACB Botanical Sugar Complex

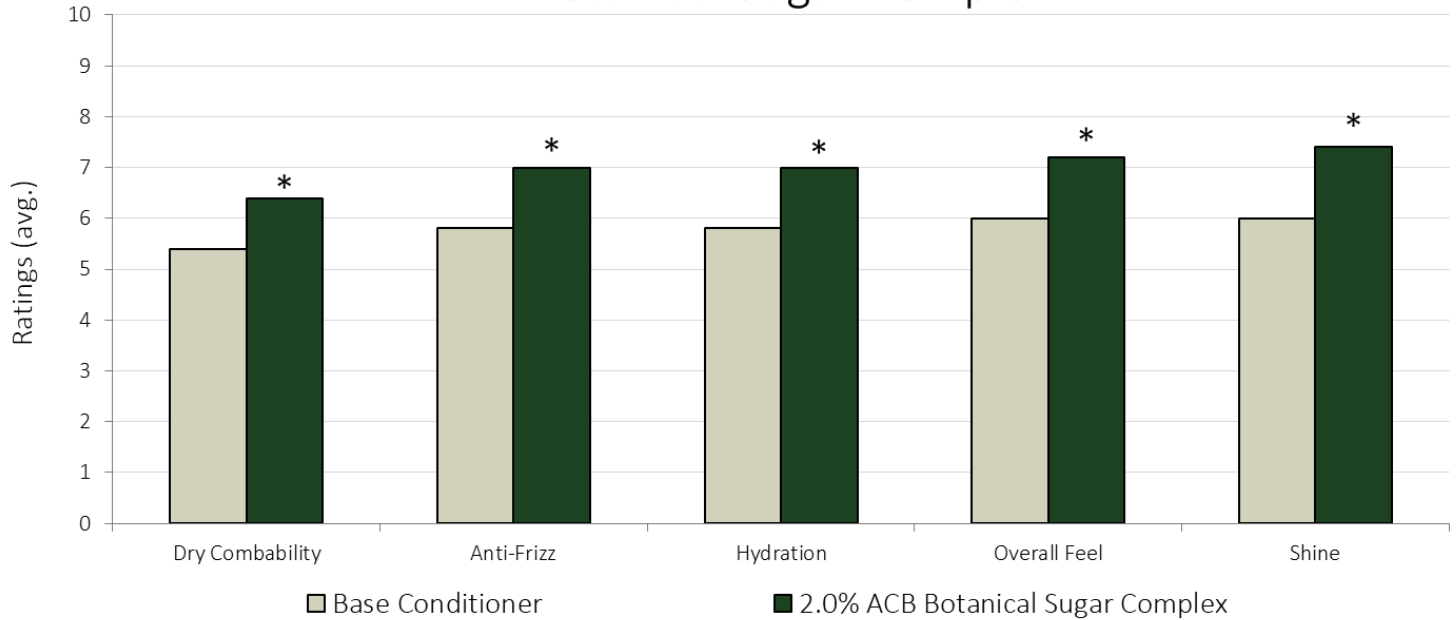


Figure 3. Results of the Dry Sensory Analysis After Conditioner Treatments and Hair was Blown Dry. Analyses were completed using a scale from 1 to 10, with 1 indicating the lowest perceived benefit and 10 representing the highest perceived benefit. * indicates significance ($p \leq 0.05$) between conditions.

Table 6. Results from the T-test Analysis of the Dry Sensory Analysis Parameters between the Base Conditioner and 2.0% ACB Botanical Sugar Complex. * indicates significance ($p \leq 0.05$) between conditions.

| | Dry Combability | Anti-Frizz | Hydration | Overall Feel | Shine |
|---------|-----------------|------------|-----------|--------------|--------|
| P-value | 0.021* | 0.015* | 0.011* | 0.018* | 0.021* |



Image 1. Participant Images Before Shampoo and Conditioner Application and After Blow Drying



Image 2. Participant Images Before Shampoo and Conditioner Application and After Blow Drying



Image 3. Participant Images Before Shampoo and Conditioner Application and After Blow Drying



Image 4. Participant Images Before Shampoo and Conditioner Application and After Blow Drying



Image 5. Participant Images Before Shampoo and Conditioner Application and After Blow Drying

Discussion

A Salon Half-Head Study was conducted to evaluate the perceived hair benefits of 2.0% **ACB Botanical Sugar Complex** in a shampoo and conditioner on wet and dry hair.

Wet sensory analysis of the Base Shampoo demonstrated perceived hair benefits were above average for Wet Combability, Cleansing, and Smoothing (Figure 1). However, the addition of 2.0% **ACB Botanical Sugar Complex** to the Base Shampoo significantly improved perceived benefits of Wet Combability by 44%, Cleansing by 24%, and Smoothing by 38% in wet hair (Figure 1; Table 4). These results demonstrate **ACB Botanical Sugar Complex** increases the perceived ability to brush wet hair easily, leaves wet hair feeling clean while removing product build-up, and helps wet hair fall in the same direction with no visible knots when added to a shampoo.

Similarly, wet sensory analysis of the Base Conditioner demonstrated perceived hair benefits were above average for Wet Combability and Smoothing (Figure 2). However, the addition of 2.0% **ACB Botanical Sugar Complex** to the Base Conditioner increased perceived benefits of Wet Combability by 13% and Smoothing by 17% in wet hair (Figure 2; Table 5). These results demonstrate **ACB Botanical Sugar Complex** augments the perceived ability to brush wet hair easily and helps wet hair fall in the same direction with no visible knots when added to a conditioner.

After hair was blown dry with a round brush, dry sensory analysis of the Base Conditioner demonstrated perceived hair benefits were above average for Dry Combability Anti-Frizz, Hydration, Overall Feel, and Shine (Figure 3). However, the addition of 2.0% **ACB Botanical Sugar Complex** to the Base Conditioner improved perceived benefits of Dry Combability by 19%, Anti-Frizz by 21%, Hydration by 21%, Overall Feel by 20%, and Shine by 23% in dry hair (Figure 3; Table 6). These results demonstrate **ACB Botanical Sugar Complex** enhances the perceived ability to brush dry hair easily, helps hair fall uniformly while reducing flyaways, improves the satisfaction of hair feel, increases the brightness and luminous appearance of hair, and improves the appearance of clean hair with a soft feel when added to a conditioner.

Furthermore, participants of all hair types experienced visual hair benefits when treated with 2.0% **ACB Botanical Sugar Complex**. Specifically, hair treated with 2.0% **ACB Botanical Sugar Complex** is visibly smoother, shiner, and more hydrated with less frizziness compared to hair treated with the Base Shampoo and Conditioner (Images 1, 2, 3, 4, 5). These results demonstrate **ACB Botanical Sugar Complex** elicits visual hair benefits when added to a shampoo and conditioner.

Taken together, these results indicate **ACB Botanical Sugar Complex** improves the perceived benefits with wet and dry hair when added to shampoo and conditioner at recommended use levels. Collectively, **ACB Botanical Sugar Complex** demonstrates visual and perceived hair characteristics which contribute to a healthier looking hair appearance.