

# **IL-6 ELISA Analysis**

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**Tradename:** ACB Bio-Chelate 5

**Code:** 20339

<u>CAS #:</u> 7732-18-5 & 8013-01-2 & 8013-01-2 & 8013-01-2 & 8013-01-2

Test Request Form #: 206

Sponsor: Active Concepts, LLC; 107 Technology Drive Lincolnton, NC 28092

Study Director: Erica Segura

Principle Investigator: Meghan Darley

#### **Test Performed:**

Interleukin (IL)-6 Enzyme-Linked Immunosorbent Assay (ELISA)

#### Introduction

Interleukin-6 is a proinflammatory cytokine known to play an active role in inflammation, immunology, bone metabolism, reproduction, arthritis, neoplasia, and aging. IL-6 signals through the nuclear factor-kappa B (NF-κB) pathway that results in the transcription of inflammatory mediators, including matrix metalloproteinase-1 (MMP-1). MMP's are responsible for breaking down the extracellular matrix and collagen in the skin leading to wrinkles, fine lines, and loss of skin elasticity. Reducing the level of IL-6 and other inflammatory mediators is believed to slow down degradation of the skin matrix and, possibly, stimulate its replenishment.

Interleukin-6 ELISA was conducted to assess the changes in IL-6 levels in **ACB Bio-Chelate 5**-treated *in vitro* cultured human dermal fibroblasts.

### **Assay Principle**

This ELISA utilizes a colorimetric reaction employing antibodies with antigen specificity to human IL-6. Monoclonal antibodies specific for IL-6 epitopes are coated on a microtiter plate. In positive samples, IL-6 will bind to these antibodies and are tagged a second time with another IL-6-specific antibody labeled with horseradish peroxidase (HRP). The addition of the chromagen solution, containing 3,3',5,5'-tetramethylbenzidine, provides the colorimetric reaction with HRP that is quantitated through optical density (OD) readings on a microplate spectrometer. The standard curve provides a reference from the OD readings for the amount of collagen in each sample.



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#### **Materials**

A. Kit: IL-6 ELISA Kit (Biosource; KAC1261)

**B.** Incubation Conditions: 37°C at 5% CO<sub>2</sub> and 95% relative humidity (RH)

C. Equipment: Forma humidified incubator; ESCO biosafety laminar flow

hood; Microplate Reader; Pipettes

D. Cell Line: Normal Human Dermal Fibroblasts (NHDF) (Lonza; CC-2511)
E. Media/Buffers: Dulbecco's Modified Eagle Medium (DMEM); Penicillin-

Streptomycin (50U-50mg/mL); Fetal Bovine Serum (FBS); Phosphate Buffered Saline (PBS); Amphotericin (45pg/mL)

F. Culture Plate: Falcon flat bottom 12-well tissue culture treated plates

G. Reagents: Lipopolysaccharide (LPS) (1µg/mL)

**H. Other:** Sterile disposable pipette tips; wash bottles

#### Methods

Human dermal fibroblasts were seeded into 12-well tissue culture plates and allowed to grow to confluency in complete DMEM. 1%, 0.1%, 0.01% concentrations of **ACB Bio-Chelate 5** were added to complete DMEM containing 1µg/mL LPS and incubated with fibroblasts for 24 hours. Complete media containing 1µg/mL LPS was used as the positive controls and complete DMEM was used a negative control.

Standards were prepared in concentrations ranging from 2476pg/mL to 0pg/mL.  $50\mu$ L of Solution B was added to wells for standards and assay controls and  $50\mu$ L of Solution A was added to experiment wells.  $100\mu$ L of standards, controls, and samples were added to appropriate wells. After a one hour incubation at room temperature and washing,  $50\mu$ L Solution A and  $100\mu$ L anti-IL-6 conjugate was added to all wells. Following a one hour incubation and washing,  $100~\mu$ L chromagen solution was added for the colorimetric reaction. One-hundred  $\mu$ L stop solution was added to stop the reaction after 15 minutes. The optical density was read at 450nm on the Synergy HT Microplate Reader.

A standard curve was created by reducing the data and generating a linear curve fit. The IL-6 concentration of **ACB Bio-Chelate 5** treated-fibroblasts was determined by extrapolation from the standard curve and expressed in pg/mL.



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### Results

The data obtained from this study met criteria for a valid assay and the positive and negative controls performed as anticipated.

**ACB Bio-Chelate 5,** at concentrations of 1%, 0.1%, and 0.01%, was able to decrease IL-6 production compared to our positive control.

IL-6 levels are expressed by the following formula:

 $= Average_{IL-6\ Concentrations} \times Dilution\ Factor$ 

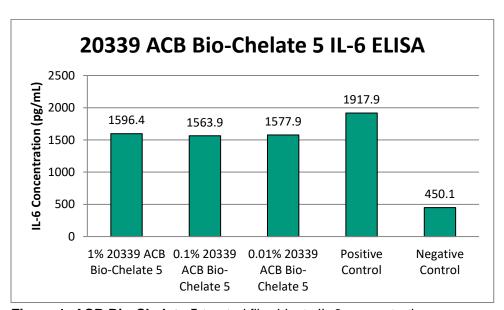


Figure 1: ACB Bio-Chelate 5-treated fibroblasts IL-6 concentrations

IL-6 production percent decrease is calculated by the following formula:

$$= \frac{Positive\ Control\ _{Avg.Concentration} -\ Sample\ _{Avg.Concentration}}{Positive\ Control\ _{Avg.Concentration}} \times 100$$

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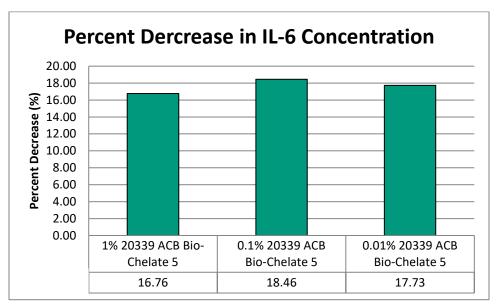


Figure 2: Percent decrease in IL-6 production compared to positive control

### **Discussion**

As shown in figure 1, **ACB Bio-Chelate 5**-exhibited anti-inflammatory effects on LPS-treated fibroblasts. As expected, the changes in IL-6 production using **ACB Bio-Chelate 5** appears to be dose dependent. This decrease in IL-6 production indicates a reduced inflammatory environment which could decrease the signs of aging and reduce the formation of fine lines and wrinkles. For these reasons, we can assume **ACB Bio-Chelate 5** is suitable for cosmetic applications designed to provide soothing and anti-aging properties.