

Tradename: AC ExoTone

Code: 60194

CAS #: 7732-18-5 & 85251-63-4 & 123465-35-0 (or) 8002-43-5

Test Request Form #: 10115

Lot #: N230530A

Sponsor: *Active Concepts, LLC; 107 Technology Drive Lincolnton, NC 28092*

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Principle Investigator: *Kayla Patterson*

Test Performed:

In-vivo VISIA Analysis

Introduction

Spots are typically brown or red skin lesions, including hyperpigmentation, freckles, and acne scars. Spots are distinguishable by their color as they vary in shape and size. Reducing spots allows the skin to look more youthful in appearance which is an increasing desire in the cosmetic world.

An *in-vivo* study was conducted over a period of six weeks to evaluate the effects of 3.0% **AC ExoTone** in a base lotion on cumulative spots compared to the base lotion alone.

Assay Principle

Photographic assessments were performed using the VISIA Complexion Analysis System (Canfield Scientific., Fairfield, NJ, USA). The VISIA System, with a configurable head support, ensured consistent positioning of each subject's head. The subjects cleaned their skin with a gentle facial wipe (Simple® Cleansing Facial Wipes) before the image was obtained. The photographic images were captured with standard, cross-polarized, parallel polarized, and ultraviolet light. Baseline photos were taken prior to starting the lotion regimen. Photos were taken once a week during the four-week use period and for two weeks after application ceased for a total of six weeks. Female participants were instructed to not wear makeup during the testing period.

Materials

A. Equipment: VISIA Complexion Analysis System (Canfield Scientific., Fairfield, NJ, USA)

Methods

This study was conducted using 10 M/F participants between the ages of 25-39 with Fitzpatrick skin types of I to IV (Table 1). Each participant was instructed to apply 2.0 mg of lotion to their entire face twice a day for a four-week period. Participants were instructed to continue their usual skin care routine and to apply the lotion once their everyday skin care routine is finished. Half of the participant population used 3.0% **AC ExoTone** in a Simple® Hydrating Light Moisturizer for all skin types, while the other half used the Simple® Hydrating Light Moisturizer alone as a control.

Images were analyzed for Spot Feature Count. The Spot Feature Count indicates the number of discrete instances of spots within the analyzed region. Skin with lower counts is considered to be more youthful in appearance.

For added perspective, skin age was determined using the VISIA Complexion Analysis System.

Table 2. The Fitzpatrick Classification of Skin Types Chart¹

Fitzpatrick Skin Type Descriptions*	
Skin Type	Description
I	Always burns, never tans
II	Burns easily, tans minimally
III	Burns moderately, tans to light brown
IV	Burns minimally, tans to moderate brown
V	Rarely burns, tans to dark
VI	Never burns, least sensitive to changes

*Adapted from The Surgeon General's Call to Action to Prevent Skin Cancer

Results

The data obtained from this study met criteria for a valid assay and the controls performed as anticipated. **AC ExoTone** at a 3.0% concentration was able to decrease the appearance of Spot Counts on the face during the four-week treatment period and during the two-week regression period.

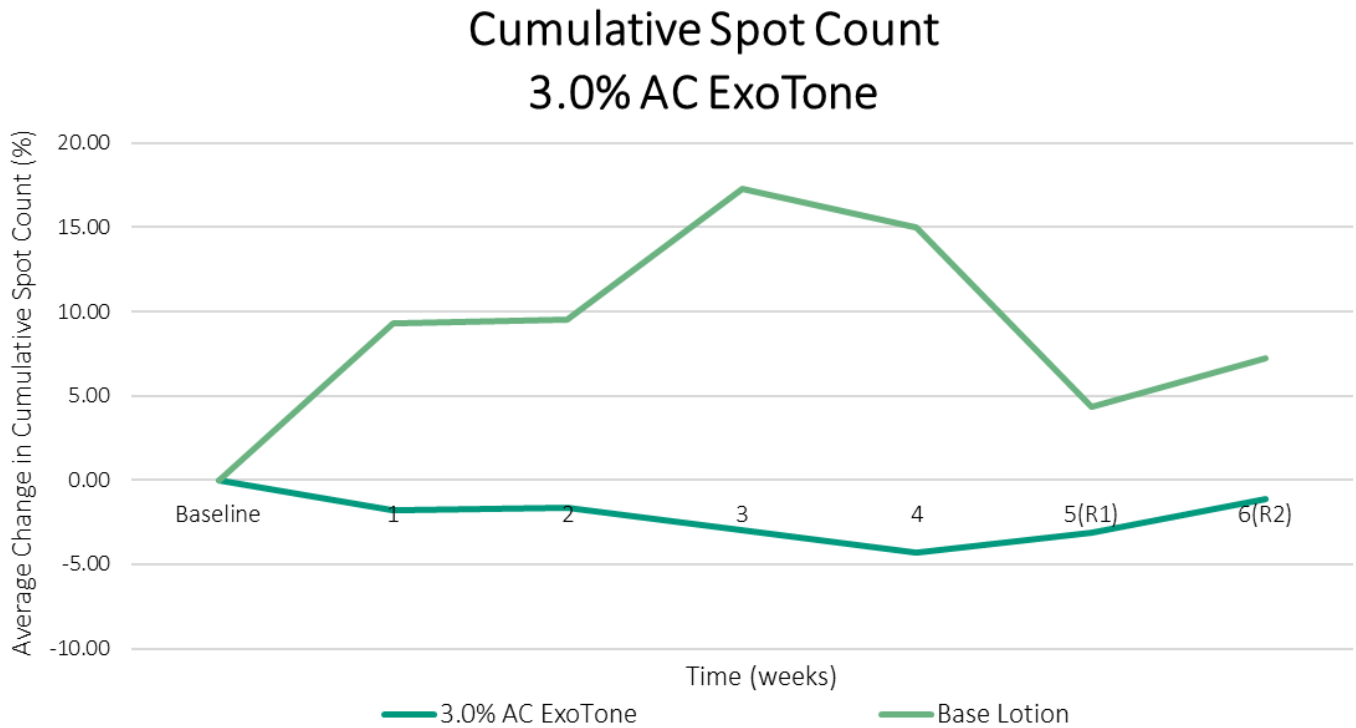


Figure 1. Average Percent Change of Spots from Baseline. R1 and R2 indicate regression weeks with no application.

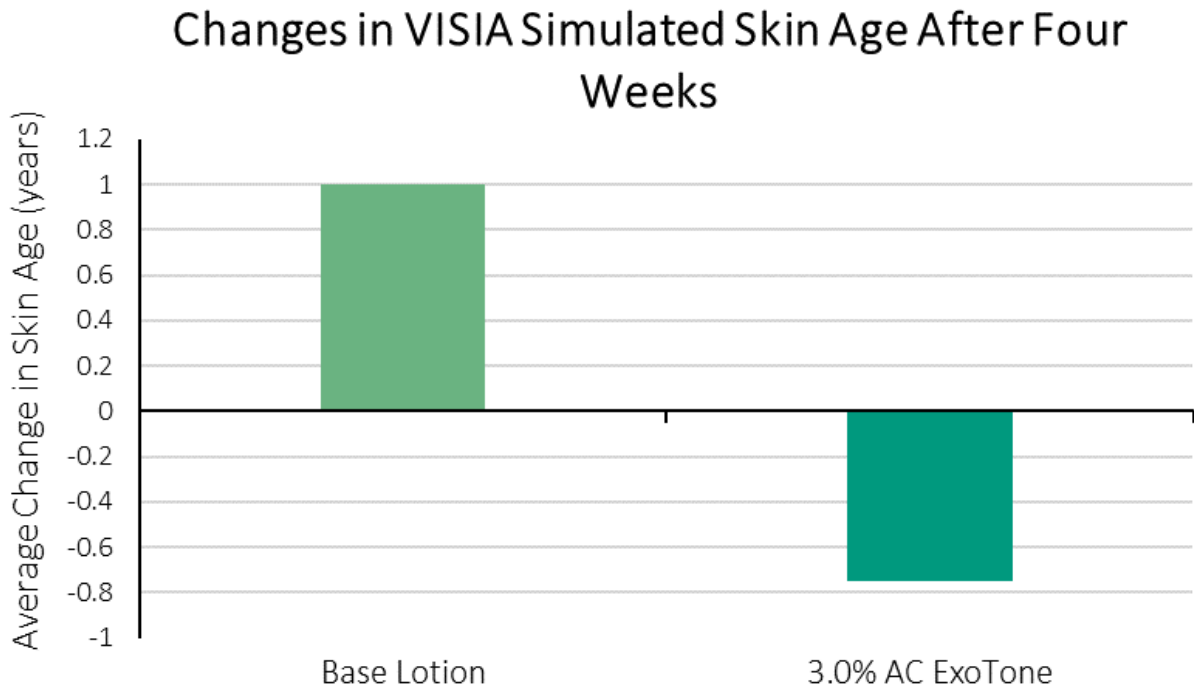


Figure 2. Changes in VISIA Simulated Skin Age of Participants After Four Weeks of 3.0% AC ExoTone and Base Lotion Application.

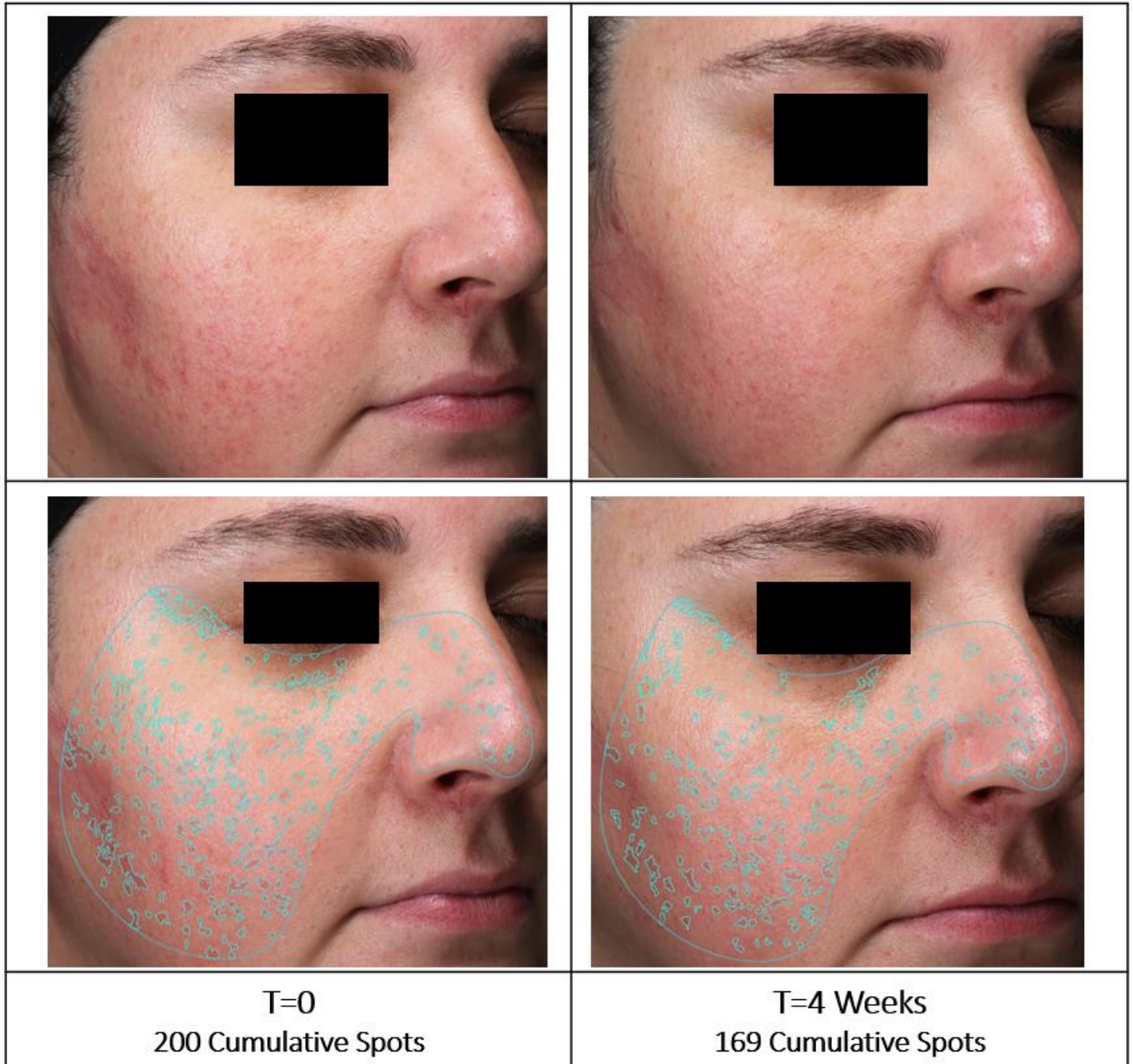


Figure 3. Images of Participant Treated with 3.0% AC ExoTone. Natural photos (top) and VISIA Image Enhancement (bottom) Before and After Four weeks.

Discussion

As evidenced in this four-week study, **AC ExoTone** is capable of significantly reducing the appearance of spots on the face. After four weeks, participants applying 3.0% **AC ExoTone** demonstrated a 4% decrease in the overall number of spots, compared to baseline (Figure 1). Conversely, base lotion application increased the total number of spots by 15% in four weeks, when compared to baseline (Figure 1). Visually, participants experienced a decrease in the total number of spots on the face after four weeks of applying 3.0% **AC ExoTone** (Figure 3). These results indicate that applying 3.0% **AC ExoTone** for four weeks provides a reduction of spots appearance on the face resulting in a more youthful skin appearance.

After treatment ended, the reduction of spots for participants applying 3.0% **AC ExoTone** continued to outperform the base lotion alone. After two weeks of regression, the participants that applied the 3.0% **AC ExoTone** demonstrated a 1% reduction in the total number of spots, while the base lotion produced an increase of 7% (Figure 1). These results indicate that after treatment ended, participants applying 3.0% **AC ExoTone** continued to see a reduction in the number of spots on the face.

Additionally, the VISIA software analyzes each image and provides a Simulated Skin Age metric for each participant. After treatment ended, 3.0% **AC ExoTone** decreased the VISIA Simulated Skin Age by 1 year, while the base lotion demonstrated an increase of 1 year (Figure 2). These results indicate that applying 3.0% **AC ExoTone** for four weeks provides a reduction in VISIA Simulated Skin Age which reduced the visual impacts of normal aging.

Collectively, we provide evidence that applying **AC ExoTone** for four weeks reduces simulated skin age, and the number of spots present on the analyzed region. In conclusion, utilizing **AC ExoTone** at the recommended use levels improves skin health and provides a more youthful appearance by reducing the visual consequences of skin spots.

References

1. Sharma AN, Patel BC. Laser Fitzpatrick Skin Type Recommendations. [Updated 2022 Mar 9]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK557626/>